



A Whole School Policy for Physical Education

Introduction.

The school believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. The physical education curriculum aims to provide for pupils' increasing self-confidence through an ability to manage themselves successfully in a variety of situations.

A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities. The scheme of work is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavor to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

The scheme aims to promote an understanding of the many benefits of exercise, through a balanced range of relevant activities. Physical education is considered as a vehicle to facilitate access to cross-curricular themes, skills and dimensions alongside the essential acquisition of motor skills and techniques.

Aims

- To develop an ability to plan a range of movement sequences, organize equipment and apparatus, and begin to design and apply simple rules.
- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.
- To promote positive attitudes towards health, hygiene and fitness.
- To foster an appreciation of safe practice.
- To develop psycho-motor skills through a range of relevant movement based activities.
- To develop a sense of fair play and sportsmanship.

- To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.
- To foster an enjoyment, and positive attitude to, the subject in school.

Objectives

- Children will participate in a range of psycho-motor / movement activities to develop personal physical skills. (Practical attainment)
- Children will be made aware of their body in relation to others and their immediate environment and aim to promote quality of movement. (Kinesthetic)
- Children will be made aware of simple physiological changes that occur to their bodies during exercise. (Physiology)
- Be given opportunities to develop imagination and co-operation to achieve shared goals. (Teamwork)
- Be given opportunities to develop personal characteristics like initiative, resilience, self-reliance and self-discipline (Self-knowledge)
- Be given opportunities to enjoy, succeed and compete in the subject as well as to be stimulated and challenged. (Problem solving)
- Be given the opportunity to develop areas of activity of their choice.
- To help prepare a child mentally and physically for key stage 3 and beyond.

Organisation

The curriculum in this subject has been organised to ensure that children in both key stages have access to the areas specified in the national curriculum and go beyond its statutory requirements. We are confident that children following our curriculum can surpass the expectations at the end of each key stage.

Resources

The facilities for the teaching of physical education at Ravens Academy are improving. We employ 3 sports coaches and have access to the hall, a large playground and a large field area.

The academy has a resourced PE store in both key stages, portable football and netball goals, portable and fixed gymnastics equipment as well as many mats and benches.

Equipment is checked regularly and stock replenished as often as budget allows.

Staff have access to equipment and literature, via the coordinator and purchased scheme, and can always rely on advice when needed.

Training

Training is always available to the coaching staff here to ensure that standards of delivery remain high and continue to improve and to enable our specialist members of staff to keep abreast of new movements and initiatives. This has helped enormously to raise the standard of teaching and pupil performance in these sporting areas.

Planning

The Physical Education curriculum and scheme of work developed at the school covers all areas of activity outlined in the 2014 Curriculum. Each year group covers certain aspects of the curriculum during the child's time at the school.

Assessment / Monitoring

Each child is tracked against key objectives for their year group using the DcPro tracking system. This information may appear on a child's end of year report which will also inform the formative report of a child's progress, strengths and

weaknesses in the subject.

The subject will be monitored and evaluated by the coordinator as outlined in school's development plan for monitoring and assessment.

Inclusion

Children with special needs will be included in any physical education lesson. If a programme needs to be adapted then the teacher in charge will do this in consultation with the coordinator and SENCO (if applicable).

The decision of whether a student is too poorly to take part in PE is made by the responsible adult leading the session after they have considered any information provided by parents/carers and how the child is presenting at the time.

Health and Safety

The safety of children in lessons is of paramount importance. The BAALPE publication 'Safe Practice in PE' is followed and a copy is also available to all staff.

It should be noted that, in the event of an emergency, phones are within a short distance of all PE lesson locations and First aid boxes are readily available.

Timings

All children from EYFS to year 6 will receive a weekly two-hour slot of PE per week demonstrating the school's commitment to a quality PE Curriculum.

Role of the Coordinator

The role of the PE Coordinator involves

- Producing a flexible scheme of work, with lesson ideas to

support its implementation.

- Supporting colleagues in all aspects of the curriculum.
- Maintaining and replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with recording keeping and assessment of the subject.
- Monitoring the teaching of the subject at school.
- Attending meetings and courses, which will inform future development of the subject and ensure other staff are aware of courses themselves.
- Ensuring that pupils can become involved in extra –curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.

Teaching Methods

All lessons throughout the school are taught as class groups following the scheme of work. Lessons are normally taught by employed coaches who are supported by the class TA.