

Ravens Academy Menu 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish of the day	Butchers Pork Sausage served with Mash Potato, Green Beans or Sweetcorn & Gravy	Pizza Day! Cheese & Tomato Or Pepperoni	Roast Chicken with a Yorkshire Pudding served with Cauliflower, Carrots Roast Potatoes or New Potatoes & Gravy	Sticky Wicket Pork Strips (Chinese Style) White & Wholegrain Rice Broccoli Florets	Chip Shop Mini Battered Fish Fillets served with Chips, Baked Beans & Golden Sweetcorn
Vegetarian dish of the day	Vegetable Sausage Twist served with Mash Potato, Green Beans or Sweetcorn & Gravy	Served with Rainbow Pasta, Salad & Coleslaw	Roasted Quorn Fillet with a Yorkshire Pudding served with Cauliflower, Carrots Roast Potatoes or New Potatoes & Gravy	Sweet Potato Rosti White & Wholegrain Rice Broccoli Florets	Spanish Omelette served with Chips, Baked Beans & Golden Sweetcorn
Lighter Bite	Cheese & Cucumber Sandwich	Chicken & Sweetcorn Wrap	Wholemeal Sub Roll filled with Ham & Tomato	Egg Baguette	Tomato, Basil & Mozzarella Pasta Pots
Jacket potato option	Cheese, Baked Beans or Tuna Mayonnaise Jacket Potato served with your choice of salad from the salad bar				
Dessert or pudding of the day	Ice Cream & Peach Slices	Summer Fruit Platter	Milkshake Jelly	Banana & Chocolate Cake	Smiley Ginger Biscuit
Available every day	Serve yourself salad bar, Muller Mini Fruit Corner Yoghurt, Selection of fresh fruit, fresh Wholemeal bread Water is always available				

Ravens Academy Menu 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish of the day	Creamy Bacon Carbonara served with Garlic Bread & Mixed Leaf Salad	Tandoori Chicken served with Wholegrain & White Rice Naan Bread	Roast Pork with a Yorkshire Pudding served with Broccoli, Carrots, New Potatoes or Roast Potatoes & Gravy	Local butchers Beef Burger in a Bun with Onions & Ketchup served with Seasoned Wedges & American Coleslaw	Crispy Fish Sticks served with Chips, BBQ Beans or Peas
Vegetarian dish of the day	Quorn Bolognese Served with Pasta	Macaroni Cheese served with Salad	Spinach & Potato Bake with a Yorkshire Pudding served with Broccoli, Carrots, New Potatoes or Roast Potatoes & Gravy	Quorn Burger in a Bun with Onions & Ketchup served with Seasoned Wedges & American Coleslaw	Vegetable Nuggets served with Chips, BBQ Beans or Peas
Lighter Bite	Egg Mayo Sandwich	Cheese & Tomato Baguette	Wholemeal Sub Roll filled with Tuna Mayo	Chicken & Sweetcorn Pasta pots	Ham Salad Tortilla Wrap
Jacket potato option	Cheese, Baked Beans or Tuna Mayonnaise Jacket Potato served with your choice of salad from the salad bar				
Dessert or pudding of the day	Toffee Krispie Bar	Fresh Fruit Salad & Cream	100% Fruit Lolly	Sugared Ring Donut	Chocolate Berry Cookie
Available every day	Serve yourself salad bar, Muller Mini Fruit Corner Yoghurt, Selection of fresh fruit, fresh Wholemeal bread Water is always available				

Ravens Academy Menu 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish of the day	Pizza Topped Chicken served with Seasoned Wedges, Coleslaw & Sweetcorn	Pork Meatballs in a Swedish Style Sauce served on a bed of Wholemeal & White Rice Green Beans	Roast Turkey Breast with a Yorkshire Pudding served with Sweetheart Cabbage, Carrots, Roast Potatoes or New Potatoes & Gravy	Fishwich in a Bun served with Herby Diced Potatoes, Garden Peas & Sweetcorn	Chicken Breast Chunks or Battered Salmon Fillet served with Chips, Baked Beans or Spaghetti Rings
Vegetarian dish of the day	Pizza Topped Quorn Fillet served with Seasoned Wedges, Coleslaw & Sweetcorn	Vegetarian Sausages in Tomato Sauce Served on a bed of Wholemeal & White Rice Green Beans	Roasted Vegetable Yorkshire Pudding served with Sweetheart Cabbage, Roast Potatoes or New Potatoes & Gravy	Spicy Bean Burger in a Bun served with Herby Diced Potatoes, Garden Peas & Sweetcorn	Quorn Dippers served with Chips. Baked Beans or Spaghetti Rings
Lighter Bite	Ham Salad Tortilla Wrap	Egg Mayo Sandwich	Wholemeal Roll filled with Cream Cheese & Cucumber	Turkey & Cranberry Baguette	Pasta Bowl topped BBQ Chicken
Jacket potato option	Cheese, Baked Beans or Tuna Mayonnaise Jacket Potato served with your choice of salad from the salad bar				
Dessert or pudding of the day	Angel Delight	Peach Melba Sponge Tray Bake	Frozen Fruit Smoothie	Fresh Fruit Salad & Cream or Cheese & Biscuits	Chunky Flapjack
Available every day	Serve yourself salad bar, Muller Mini Fruit Corner Yoghurt, Selection of fresh fruit, fresh Wholemeal bread Water is always available				